CAUTION

Extra care needed.

BIKE ROUTE

MAJOR STREET

COMMERCIAL AREA

PARK OR PROTECTED AREA

DESTINATION POINT

RAPID TRANSIT LINE

SKYTRAIN STATION

HOSPITAL

WASHINGTON

Park washrooms are open seasonally and during park hours.

The Central Valley Greenway is more than just a path from A to B; it’s a destination in its own right. Whether you’re going to work, shopping, or just out for a ride, it’s designed to be a safe, interesting and enjoyable experience.
EXPLORING THE GREENWAY

From the post-industrial shores of False Creek in Vancouver, through the Still Creek basin in Burnaby, and on to New Westminster’s famed waterfront Quay, the Greenway offers a continuous journey through some of the region’s most unique and varied landscapes.

EAST VANCOUVER

Cycling along the traffic-calmed streets you’ll enjoy the landscaping and rest area amenities. Explore the neighbourhoods around Commercial Drive or relax by Trout Lake in Vancouver’s John Hendry Park.

BURNABY & STILL CREEK

In Burnaby the Greenway brings you close to natural areas and recreational facilities. Burnaby Lake Regional Park’s 13km pedestrian circle trail is a fantastic place to view a variety of birds including great blue herons, bald eagles, belted kingfishers, and ospreys. Around Burnaby Lake you’ll find the Burnaby Lake Sports Complex, Rowing Pavilion, Equestrian Centre, and Nature House.

Still Creek is one of the region’s last unconfined streams and the Brunette River Watershed is part of a major migratory bird route. The creek banks serve as a habitat for lots of creatures. If you’re lucky, you may even spot a beaver or otter!

NEW WESTMINSTER

Columbia Street in New Westminster’s historic downtown is lined with shops and outdoor cafes. Across the railway tracks is the River Market at Westminster Quay, home to marina-style eateries, fresh produce, bakery goods and appealing shops.

PLANNING YOUR TRIP

The CVG is a combination of off-road paths and high-quality on-street routes. Most sections are suitable for all kinds of walking and wheeled travel (pedestrians, commuter and recreational cyclists, wheelchair users, in-line skating etc.).

The exception is in Burnaby where there are some soft surface paths not suitable for in-line skating and wheelchair users. Note that steep hills along the route are marked on the map. You can use this map to plan your trip before you leave. Once you are on the Central Valley Greenway, wayfinding signs will direct you to major destinations near the trail.

SHARING THE TRAIL

Much of the Central Valley Greenway is a multi-use pathway shared by all kinds of active transportation. To stay safe on the path:

- Cyclists and skaters should yield to pedestrians
- Use a bell or voice when passing others
- Keep right on the pathway; except when passing
- When stopped, move off the pathway to let others by
- Keep dogs under control and pick up after them
- Wear a helmet when cycling or in-line skating

RIDING AT NIGHT

The majority of the Greenway is lit for travel after dark. However, sections of the trail passing through the Burnaby Lake Regional Park and Brunette River natural areas are open in daylight hours only. If you are travelling at night, please refer to this map when planning your route and note daylight only sections are marked with a 🌃

Be safe; remember to use lights and wear reflective clothing to ensure you can be seen at night.

The Central Valley Greenway information presented here is a public resource for general information purposes only. The information shown on this map is compiled from various sources and all parties involved in its production make no warranties, expressed or implied, as to the accuracy or completeness of this information.

You can take your bike almost everywhere with you on the bus, SkyTrain, Seabus and West Coast Express. So whether you’re commuting to work or just for fun, transit can help you, and your bike, go further.

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