

BETWEEN SPACES

Release

AMI SANGHA

I am an artist who works with different techniques of printmaking to create one of a kind artist books. In my last year at Emily Carr I revisited my passion for photography and created this project. I am interested in making truthful, honest art that reflects my personal narrative. I like inviting the viewer into my world, and hoping that I can make a universal connection by visiting issues that everyone has dealt with.

This project started after my aunt passed away from cancer in 2007. Devastated by her untimely death, I felt for a long time that I would have to make a project about the experience. It was not choice but necessity, I needed to find a release for my pain. It took time, a lot of thinking, reading, and heartbreak to come up with a project that was a real reflection of what happened. Eventually I decided that I would move away from what I was comfortable with, printmaking, and choose photography; a forgotten passion of mine.

This project is simply about releasing my pain, coming to terms with what death means, and mostly finding a new gratitude towards life. Buddhists believe that if you release an animal back into nature that was to be killed, it can bring good karma to a person who has

passed away. Whether or not it brought good karma, doing an act of kindness while thinking of my dear aunt really helped me.

Art for me is very cathartic and has helped me through a lot in my life, and has taught me many things. Life is short; we are here for a blink in time, so enjoy every bit of it, always.

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Ami Sangha was born in Edmonton and moved to Burnaby at the age of five where she continues to reside. Her interest in art began at an early age, when her grandmother used to sit and draw with her in the early afternoons. After coming to the realization that art was her true passion, she pursued her studies at Emily Carr University of Art + Design to further develop her skills.